

# **CIVILIAN PROGRAMS**

2024-2025 Courses

#### COLD CASE FOUNDATION GLOBAL ACADEMY

The Cold Case Foundation extends its reach beyond the conventional audience of public safety and criminal justice professionals to encompass everyday individuals, aspiring public servants, victims, families, and true crime enthusiasts. Our inclusive programs cater to a diverse audience, offering valuable insights and skills that empower participants to comprehend and contribute to solving cold cases and unsolved crimes. Whether through, live webinars, or ondemand training, we ensure flexibility and accessibility to address the varied needs of our participants. In the context of crime prevention and public safety, integrating both micro and macro learning outcomes is crucial to enable individuals to actively participate in enhancing community safety, promoting situational awareness, and assisting fellow citizens in times of need. This holistic approach equips individuals with the knowledge and skills to make informed decisions, take proactive measures, and engage meaningfully in initiatives that foster a safer and more supportive society for all. Updated 052924

## Healing Through Adversity: Coping with Traumatic Stress

Instructor: Doug Young (coldcasefoundation.org/douglas-a-young.html)

Traumatic stress can have a profound impact on the general public, victims, and their families following distressing or abnormal events. While many individuals may naturally recover over time, those experiencing intense or prolonged symptoms may require specialized support. For victims and their families, the aftermath of a traumatic event can lead to significant emotional and psychological challenges, affecting their well-being and daily functioning. Understanding the effects of trauma on these individuals is crucial in providing the necessary assistance and resources to facilitate healing and recovery.

The distinction between cumulative stress and short-duration stress is essential in recognizing the unique struggles faced by victims and their families. Cumulative stress results from repeated exposure to trauma, leading to a gradual buildup of emotional strain and psychological impact. Vicarious trauma, another critical concept, refers to the emotional toll experienced by individuals indirectly affected by trauma, such as family members of victims or witnesses to traumatic events. Acknowledging these forms of stress is key to offering appropriate support and interventions to help those affected navigate their healing journey.

In addressing the effects of cumulative traumatic stress on the general public, victims, and victims' families, the focus shifts to providing coping mechanisms and therapeutic interventions. By exploring strategies like the Cognitive Triangle and therapeutic approaches such as Eye Movement Desensitization and Reprocessing (EMDR), individuals can gain valuable tools to manage and alleviate the lasting impact of trauma. These learning objectives aim to empower those affected by trauma to navigate their healing process effectively, fostering resilience and well-being in the face of adversity.

## **Discerning Truth from Deception**

#### Instructor: Steve Johnson (https://www.coldcasefoundation.org/steve-johnson.html)

Beneath the surface of any given statement lies a deeper meaning to the words used. Words reflect all the information in the mind, including the details one may wish to hide or disguise. The words reveal when stress and sensitivity is felt, as well as psychological distancing. These linguistic anomalies often indicate when a crime was committed or provide other critical information to a case.

It is imperative when seeking the truth, understand how words reveal what is deep inside the mind. Having a firm grasp of core Statement Analysis principles allows the investigator to glean more information from each statement, including the latent information that is often overlooked. Learn some principles used by elite investigators to get inside the mind of their adversary, enabling them to win more during interviewing and interrogation and solve more cases.

Statement Analysis is a powerful technique that goes beyond the surface-level meaning of words. By closely examining the language used, investigators can uncover deception, missing information, and hidden confessions. This deep dive into the psychology behind a statement provides invaluable insights that can be the key to cracking a case.

### **Arson Death & Suicide**

Instructor: Ed Norskog (coldcasefoundation.org/ed-nordskog.html)

This course is tailored to provide a thorough understanding of various scenarios involving fire-related deaths, catering to a general audience rather than solely law enforcement professionals. Participants can expect an insightful exploration into different types of fire-related deaths, ranging from intentional harm to tragic incidents such as suicides involving fire. The course delves into the complexities of these scenarios, shedding light on how fire is utilized in criminal acts or as a means of concealment.

Attendees will gain valuable insights into different crime scene scenarios related to fire-related deaths, including homicides, arson for cover-up, body disposal through arson, and suicides by fire. This broad overview helps participants appreciate the multifaceted nature of forensic investigations involving fire, emphasizing the diverse challenges faced by forensic analysts and investigators in such cases.

Furthermore, the course emphasizes the importance of accurate crime scene investigation and the potential consequences of errors or oversights. It underscores the need for careful analysis and attention to detail in forensic work, especially in scenarios where misinterpretations can lead to wrongful conclusions. The course also includes a viewer discretion advisory due to the graphic nature of crime scene photos related to fire-related deaths, ensuring sensitivity and awareness among participants throughout the learning process. Ultimately, participants will gain a general understanding of fire-related death scenarios, the complexities of investigation, and the critical role of forensic analysis in uncovering truth and ensuring justice.

Warning: This course contains graphic crime scene photos involving fire-related death. Viewer discretion is advised!

## **Criminalistics Essentials: Evidence Collection in Analysis Techniques**

#### Instructor: Krista Troup (coldcasefoundation.org/krista-troup.html)

Introduction to the field of criminalistics delves into the fundamental principles and practices of applying scientific and technical methodologies in criminal investigations. This interdisciplinary field focuses on utilizing scientific techniques to unravel the mysteries of crime, encompassing tasks such as determining the location of criminal activities, identifying various types of evidence, and handling them meticulously for scientific analysis. Through a series of three lectures, students are introduced to the intricate processes involved in extracting crucial information from crime scenes to aid in criminal investigations.

The first lecture sets the stage by providing an overview of the overarching role of criminalistics in the realm of forensic science. Students will explore the significance of meticulous evidence collection, preservation, and documentation in ensuring the integrity of criminal investigations. Furthermore, they will gain insights into the various scientific methods and technologies employed to uncover vital clues and piece together the puzzle of a crime scene effectively.

In the subsequent lectures, students deepen their understanding of the scientific techniques used in crime scene investigations, including fingerprint analysis, DNA profiling, and trace evidence examination. They will delve into the intricacies of forensic analysis, learning how to interpret findings accurately and

present them compellingly in a legal context. By the end of the three-part series, learners will have a solid foundation in the application of scientific and technical methods crucial for successful crime scene investigations and evidence analysis in criminalistics.

#### **Beyond the Surface: Advanced Death Investigation Techniques**

Instructor: Krista Troup (coldcasefoundation.org/krista-troup.html)

In Beyond the Surface, students are tasked with delving into the intricate realm of homicide, undetermined causes of death, and sudden infant death investigations. Building upon the foundational knowledge acquired in Death Investigation I, this advanced course seeks to enhance students' understanding of the complex processes involved in handling challenging death incidents. From comprehending the unique dynamics of homicide investigations to unraveling the mysteries surrounding undetermined deaths and sudden infant fatalities, learners navigate through a diverse range of scenarios to develop comprehensive expertise in death investigation. By adhering to federal, state, and local investigative requirements and following the Department of Justice National Guidelines, students are equipped to meet the rigorous standards set for proficient death investigations.

Through a combination of three lectures and three laboratory sessions, students are immersed in a dynamic learning experience that combines theoretical understanding with practical application. In lectures, students dissect key concepts and strategies essential for conducting thorough investigations in cases of homicide, undetermined deaths, and sudden infant fatalities. They deepen their knowledge of scene management best practices, required documentation procedures, and effective case management techniques tailored to the complexities of each scenario. The accompanying laboratory sessions provide students with hands-on opportunities to apply their learning in simulated death investigation scenarios, honing their investigative skills and critical thinking capabilities.

#### **Predators Unleashed: Exploring the Dark Psychology**

Instructor: Dr. Lawrence Simon (coldcasefoundation.org/dr-lawrence-j-simon---director-of-research.html)

In this workshop, participants will have the opportunity to delve deep into the minds of violent offenders and understand the tactics they use to exploit and manipulate others. Through real-life examples and case studies, attendees will gain insight into how offenders can effectively neutralize threats and create an atmosphere of trust to further their own agenda.

Throughout the workshop, safety tips and strategies will be shared to empower individuals in violent and controlling relationships, those navigating the world of online dating, or engaging in isolated activities like running, hiking, or walking. Participants will learn how to recognize warning signs, establish boundaries, and take proactive measures to ensure their safety and well-being in potentially risky situations.

By shedding light on the strategies employed by violent offenders and equipping participants with practical safety advice, this workshop aims to educate and empower individuals to protect themselves and others from exploitation and manipulation. Through increased awareness and knowledge, attendees will be better prepared to navigate challenging situations and safeguard their personal safety.

#### Forensic Science Essentials: Crime Scene Analysis and Evidence Preservation

Instructor: Krista Troup (coldcasefoundation.org/krista-troup.html)

In Forensic Science Essentials, students embark on a compelling journey into the realm of crime scene investigation, evidence collection, and preservation. This foundational course serves as a gateway to the intriguing world of forensic science, providing learners with essential knowledge and skills to navigate the intricacies of crime scene analysis. Through a blend of engaging lectures and hands-on laboratory sessions, students are equipped with practical insights and techniques crucial for preserving and analyzing crime scene evidence effectively. By immersing themselves in various methods, procedures, and strategies utilized in forensic investigation, students gain a comprehensive understanding of the pivotal role of first responders in securing and documenting crucial evidence.

The course structure of Forensic Science Essentials is designed to offer a holistic learning experience that integrates theoretical concepts with practical application. In lectures, students are introduced to the fundamental principles of evidence analysis and preservation, delving into topics such as forensic photography, evidence documentation, and chain of custody protocols. The accompanying laboratory sessions provide students with invaluable hands-on experience in applying these concepts to real-world scenarios, allowing them to practice evidence collection techniques and gain proficiency in the operation of forensic laboratory equipment. Through this immersive learning approach, students develop a nuanced understanding of the complexities involved in forensic investigation and the critical role of meticulous evidence preservation in ensuring the integrity of criminal investigations.

#### Victimology: Victims & Their Offenders

Instructor: Greg Cooper (coldcasefoundation.org/gregory-m-cooper---executive-director.html)

Victimology plays a crucial role in understanding the dynamics of crime, particularly violent crimes. By delving into the background and characteristics of the victim, investigators can uncover valuable insights that may help narrow down the pool of suspects and focus the investigation in the right direction. This approach shifts the focus from a scattergun approach to a more targeted and efficient method of identifying potential offenders. Understanding why a particular individual was targeted for a violent crime can provide significant clues about the motive behind the crime, ultimately leading to the identification of the perpetrator.

In the realm of victimology, the victim is not merely a passive recipient of a crime but a central figure whose characteristics and circumstances can shed light on the nature of the crime and the offender. By conducting a thorough analysis of the victim's history, relationships, and behaviors, investigators can uncover patterns and connections that may have been overlooked. This deeper understanding of the

victim can help investigators piece together the puzzle of the crime scene and develop a clearer picture of the offender's identity and motivations. Victimology, therefore, serves as a powerful tool in the investigative process, guiding law enforcement towards a more informed and targeted approach to solving violent crimes.

Moreover, victimology provides a framework for not only solving crimes but also for preventing future victimization. By identifying commonalities among victims of violent crimes, law enforcement agencies can develop proactive strategies to mitigate risks and enhance public safety. Understanding the vulnerabilities and risk factors associated with certain individuals can help in the implementation of targeted interventions and preventive measures. In this way, victimology serves as a valuable tool not only in the pursuit of justice but also in the broader mission of crime prevention and community safety.

#### Forensic Sites: Navigating Natural, Accidental, and Suicidal Deaths

Instructor: Krista Troup (coldcasefoundation.org/krista-troup.html)

In "Forensic Insights," students are immersed in an in-depth exploration of critical concepts, investigation techniques, scene management practices, documentation protocols, and case management strategies pertinent to investigations involving natural, accidental, and suicidal deaths. Aligning with the Department of Justice National Guidelines for Death Investigations, this course aims to furnish learners with the foundational understanding and hands-on proficiencies essential for effectively navigating the intricacies of death investigations. Whether analyzing natural causes, unraveling accidental events, or probing into the complexities of suicidal incidents, students emerge with a profound comprehension of the multifaceted nature of investigating diverse death scenarios.

Structured across three lectures and three laboratory sessions, the course design strikes a harmonious balance between theoretical instruction and practical application in the realm of death investigations. Through engaging lectures, students acquire a solid grasp of the theoretical framework underpinning death investigation processes, emphasizing the importance of methodical scene management and meticulous documentation in upholding the integrity of evidential trails. Subsequent laboratory sessions afford learners the opportunity to translate theoretical knowledge into hands-on practice, allowing them to refine their investigative skills in authentic scenarios and cultivate a keen eye for detail in managing cases with precision and proficiency.

#### ABCs of Crime Scene Investigation: Comprehensive Guide for Civilians

#### Instructor: Doug Young (coldcasefoundation.org/douglas-a-young.html)

Join forensic specialist Doug Young in an immersive workshop that delves into the ABCs of Crime Scene Investigation for civilians who are passionate about true crime and fascinated by the science behind it. Doug Young will provide a comprehensive guide to CSI and forensic disciplines, offering insights into the ethical considerations involved in the field. By examining real cases, participants will gain a deeper understanding of the differences between the portrayal of CSI on crime shows and the reality of investigative work. Doug Young, a seasoned forensic investigator, will share his experiences and expertise, offering a glimpse into his career as a CSI. Participants will explore the historical evolution of crime scene investigation and the various forensic disciplines that play a crucial role in solving crimes. By learning to distinguish between the dramatized versions of CSI on television and the actual investigative process, attendees will develop a more nuanced perspective on the complexities of forensic work.

Moreover, the workshop will emphasize the significance of evidence collection and management in ensuring the integrity of investigations. By highlighting the meticulous procedures involved in handling evidence, participants will gain a practical understanding of the critical role that evidence plays in unraveling mysteries and bringing perpetrators to justice. Attendees will step into the shoes of a CSI, gaining valuable insights into the challenges and rewards of working in the field of crime scene investigation.

## **CSI Basics: An Introduction to Criminalistics**

Instructor: Krista Troup (coldcasefoundation.org/krista-troup.html)

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## Waving the White Flag: Reclaiming Peace After Trauma

Instructor: Robert Taylor, Jr. (coldcasefoundation.org/robert-e-taylor-jr---director-of-training)

"Waving the White Flag: Reclaiming Peace After Trauma" is a lifeline emerging from a history of grappling with the aftermath of crime and violence. For those who have faced the shadows of humanity - victims, survivors, and their loved ones - this program provides a sanctuary where resilience can take root and inner battles can be confronted.

Taking inspiration from the essence of personal space and privacy, this program offers techniques that can be accessed whenever needed, creating pockets of solace and calm within the chaos. While these tools are invaluable for managing stress, it's important to seek professional support when necessary. Encouraging a holistic approach, the program suggests integrating spiritual practices into daily life without preference for any particular belief system.

Individuals from the civilian community, victims of violent crime, and their loved ones can easily weave this program into their daily routines by downloading it onto their personal devices. By engaging with the exercises and immersing themselves in the program, participants can cultivate resilience, strengthen their mental well-being, and confront stress with clarity and composure.